

LIFTING MY ATHLETES Through Prayer

LORD I LIFT MY ATHLETES TO YOU TODAY AND PRAY FOR:

DEVOTION They will engage You daily and seek Your face. They will love You with all of their heart, soul, mind, and strength. They will have an intimate, passionate relationship with You. Increase their spiritual wisdom, resolve, and strength (Psalm 1:1-3; Mark 12:30; 2 Thessalonians 2:16-17; 3:1-4, 13).

ATTITUDE They will have a Christ-like attitude in every situation. Help them to know life isn't what happens to them but how they react. May they have an attitude of gratitude (Philippians 2:14-15; Colossians 3:10; Proverbs 17:22).

ENCOURAGEMENT They will speak words of life that bring healing and blessing to others. May their words bring refreshment. They will be quick to hear, slow to speak, and slow to anger (Proverbs 12:18; James 1:9; Proverbs 20:19; Ephesians 4:29; Proverbs 11:25).

FREEDOM You will release them from worry or guilt over the things they are not responsible for and cannot control. May they walk in freedom and compete with confidence (Matthew 6:25-34; 2 Corinthians 3:17; Galatians 5:1; 1 John 1:7).

RELATIONSHIPS Bring godly mentors into their lives to invest in them and keep them accountable. Give them strong friends who love them, care for them, and bring out their best. May they develop Christ-honoring relationships. May they express unity and harmony in Christ in all of their relationships (Hebrews 10:24; Titus 2:3-5; 1 Thessalonians 2:8; Proverbs 13:20; Ecclesiastes 4:9-10).

PROTECTION You will protect them spiritually, physically, mentally, emotionally, and relationally. Give them discernment and understanding. Protect them from those who desire to hurt and deceive them (Isaiah 40:28-31; James 1:5-8; Psalm 41; Psalm 28:7-9).

EFFORT They will work with all their heart for You, not for others. They will work hard and give their all—all of the time. Help them to be disciplined in all areas of life. They will sense Your delight as they do everything with all their might (Colossians 3:23; Ecclesiastes 9:10).

JOY May their joy be complete in You. Remind them that competition is fun. Help them to enjoy every part of sports: preparing, practicing, or playing. Fill their hearts with the joy of Jesus (Philippians 2:2; John 15:11)!



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